

Weekly Menu Plan #31

August 6th - August 12th



Monday

Diner Style Pancakes
Bacon or Sausage

Tuesday

Pigs in a Blanket
French Fries & Watermelon

Wednesday

Chicken Fajita Quesadillas

Thursday

Mashed Potato Bar

Friday

DATE NIGHT

Weekend

Taco Cabbage Skillet

Dessert

Oreo Ice Cream Dessert

Pro Tips:

- For the 4 cups of shredded chicken, I like to use a rotisserie chicken.
- Items marked with a star are toppings for the mashed potatoes, buy whichever ones you want.

PRODUCE

watermelon (1)
yellow bell pepper (1)
orange or red bell pepper (1)
jalapeno pepper (optional)
onion (1)
russet potatoes (5 pounds)
garlic (4 cloves)
*broccoli
*green onions
*tomatoes
green cabbage (1 small head)

BREAD/GRAINS

8" flour tortillas (8)

SEASONINGS

salt & pepper

CANNED GOODS

*chili
*sliced olives

FROZEN

french fries (1 bag)
vanilla ice cream (1.5 quarts)

PANTRY ITEMS

vanilla extract (1 tsp)
all purpose flour (4 1/2 cups)
baking powder (2 tsp)
granulated sugar (1 Tbsp)
instant yeast (2 tsp)
olive oil (2 Tbsp)
taco seasoning (1/4 cup + 5 tsp)
dry minced onion (1 Tbsp)

MEAT

bacon or sausage (1 pound)
hot dogs (8)
shredded chicken (4 cups)
*bacon bits
*diced ham
lean ground beef (1 pound)

DAIRY/EGGS

large eggs (2)
milk (2 cups)
butter (3/4 cup)
colby jack cheese (4 cups)
cream cheese (4 ounces)
*sour cream (for potatoes)
shredded cheddar (1 1/2 cups)

MISCELLANEOUS

malted milk powder (1/4 cup)
Oreos (14 oz package)
hot fudge sauce (1/2 cup)